

Results Worth Striving For

- **Temporary remission with fear of relapse**
- **Disabled when relapse happens**
- **Horrible side effects**
- **Weight gain**
- **Damaged relationships**
- **Life of periodic suffering**
- **Loss of future dreams**
- **Acceptance that we are sick and will never get better**

- **Top 10 “liked” bipolar related pages on facebook**
- **40 articles from each site**
- **Diagnosis - 9.9%**
- **Treatment - 23.9%**
- **Stigma - 39.2%**
- **Results - 11.1% - 35 BPA vs 2.5 (remission) from all others**
- **Full study is available**
- **Why are we the only one talking about results?**

“According to the researchers, these results indicate that in spite of modern, evidence-based treatment, bipolar disorder remains a highly recurrent, predominantly depressive illness.”

<http://www.nimh.nih.gov/science-news/2006/early-findings-from-largest-nimh-funded-research-program-on-bipolar-disorder-begin-to-build-evidence-base-on-best-treatment-options.shtml>

“This finding may indicate that complete symptomatic remission, i.e., the absence of all symptoms, should be the goal of treatment, as it is in non-bipolar, major depression.”

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- **Not a quick fix**
- **Immediate excitement and vision of a better future**
- **Six Months To Start Fully Grasping Concepts**
- **Our Success Stories Took At Least Two Years**
- **Dramatically Reduce Being Overwhelmed By Mania And Depression**
- **Reduced Dependence On Invasive Tools With Negative Side Effects**
- **A Life That Works DURING Episodes**
- **Relationships That Work**
- **A More Fulfilling Life**

You Can Have These Results
You Deserve Them
It Is Tragic That Nobody Else Has
Offered Them To You